

Caring for Someone with LBD and Apathy

Being a care partner for someone with apathy can be a tremendous challenge. However, it is important to remember that apathy is a symptom of LBD—it is not your loved one purposely being lazy or giving up.

Try these tips to support someone with LBD and apathy:

- Help your loved one find new hobbies if their old ones are no longer enjoyable for them.
- Avoid using open-ended questions. For example, instead of asking, “What do you want to do today?” ask more specifically, “Which sweater do you want to wear on our walk this afternoon?”
- Break down complex tasks into small, easily achievable ones. Be encouraging and focus on what your loved one has already accomplished.
- Set a routine or schedule activities in advance. That way, your loved one knows exactly what to expect throughout the day.

If you need direct support, please reach out to our [Lewy Line](#) to speak with licensed professionals in our Support Services.